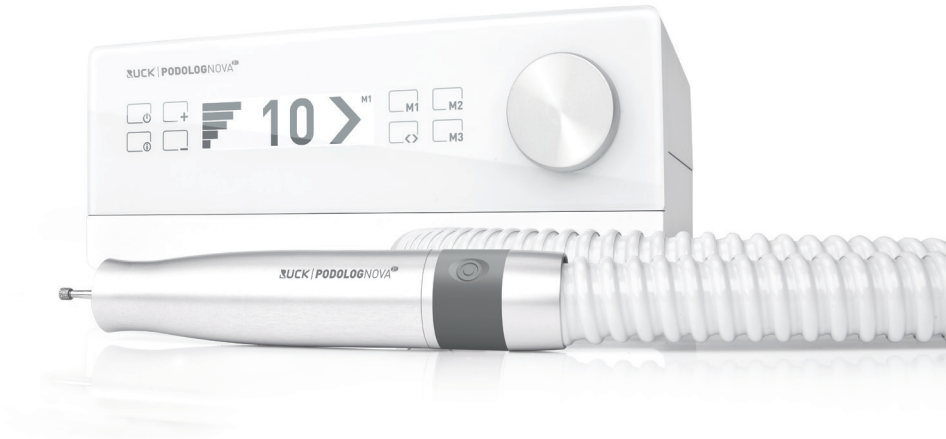




# RUCK®

FÜR FUSS UND PFLEGE

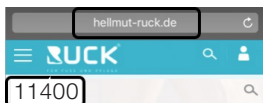
## RUCK | **PODOLOGNOVA**®



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Dear Customer,

With the **PODOLOG NOVA 3s**, you have acquired a Footcare System that sets completely new standards in terms of functionality and performance. It has been developed throughout "based on best practice for use in the best pra-tices". You will clearly feel the many details that are taken into consideration in this new development, details that reflect over 90 years of experience and expertise.

The "internal qualities" of the device will impress you including the patented and extremely effective extraction, the maintenance-free micromotors with a high speed range, the freedom from vibration and a long service life. It is the quietest device on the market, which is very important for facilitating commu-nication between patient and practitioner. Weight is a significant factor when it comes to mobile deployment. This has been further reduced and is now about 1 kg less than comparable devices. The innovative ergonomics result from an optimised hand-piece, which is light and has a sophisticated design that moulds to the shape of your hand. The capacitive glass operating panel offers simple and intuitive handling. The magnetic speed controller can be removed making the front panel very easy to disinfect. The clear display not only provides information about the current device status. It also gives the option of having illustrated, step-by-step instructions for the cleaning procedure for the clamping unit in the handpiece. Professionally made and thought through to the last detail. That is the essence of the **PODOLOG NOVA 3s**.

Backed by our name and our two-year guarantee, you can be assured of many years of enjoyable and problem-free operation.

The **PODOLOG NOVA 3s** Footcare System has been built in accordance with the 93/42 EEC Directive Guidelines on healthcare products.

Please take some time to read through these operating instructions carefully before setting up the system. This constitutes part of the guarantee agreement, helps you avoid possible operational errors and should be kept in the proximity of the device.

We wish you much success and enjoyment in the very responsible and chal-lenging work that you undertake.

KIND REGARDS HELLMUT RUCK GmbH



**Medizinprodukt**  
Richtlinie 93/42 EWG Klasse 2a

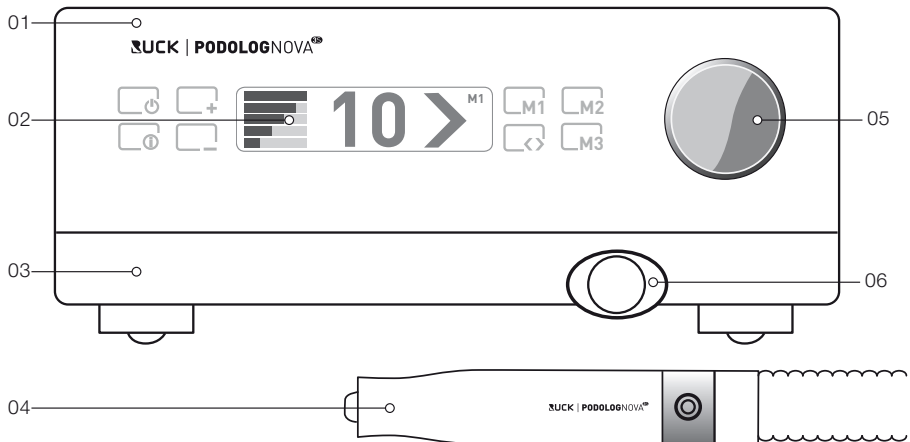
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## 1. DEVICE DESCRIPTION

### 1.1 FRONT VIEW



- 01 Controller
- 02 Display
- 03 Dust filter bag drawer
- 04 Handpiece
- 05 Magnetic speed control knob
- 06 Hose connection





### 1.3 EXPLANATION OF THE CHARACTERS AND ICONS USED

#### 1.3.1 ON THE DEVICE AND TRANSPORT PACKAGING



Device with protection class II



Application part, Type BF



Refer to the Operating instructions

| First digit | Protection against contact                   | Protection against foreign bodies                              | Second digit | Protection against water  |
|-------------|--|--|--------------|---|
| 0           | No special protection                        |  | 0            | No special protection   |
| 1           | Against large areas of the body              | Large foreign bodies with a diameter of more than 50 mm        | 1            | Against dripping water striking vertically                                |
| 2           | Against fingers or objects of a similar size | Medium-sized foreign bodies with a diameter of more than 12 mm | 2            | Against dripping water striking at an angle (up to 15° from the vertical) |



Protect against wet and damp

## 1.3.2 IN THE OPERATING INSTRUCTIONS



*Warning! This icon identifies a potential point of danger for people or for the device itself. It must be taken note of.*



*This symbol identifies useful advice that offers you additional information related to the operation of your PODOLOG NOVA 3s.*

## 1.4 DECLARATION RELATING TO THESE OPERATING INSTRUCTIONS

Hellmut Ruck GmbH reserves all rights to modify and supplement these operating instructions. Hellmut Ruck GmbH has taken great care to keep these instructions free of inaccuracies and omissions. Please contact us if you find mistakes or inaccuracies. However, Hellmut Ruck GmbH assumes no liability for mistakes in these operating instructions or consequential damage resulting from the provision of these operating instructions or their application when using the product.

These operating instructions must not be disseminated or supplemented without the express approval of Hellmut Ruck GmbH.

## 1.5 SCOPE OF DELIVERY

Please take some time to read through these Operating Instructions carefully before setting up the PODOLOG NOVA 3s. This constitutes part of the medical product and should be kept in close proximity to the device itself. Please check that the delivery is complete.

The following items make up the scope of the delivery:

- 1 PODOLOG NOVA 3s controller
- 1 Handpiece with hose and drawer
- 1 Dust filter bag
- 1 Set of operating instructions
- 1 Device logbook
- 1 Interchangeable chuck for PODOLOG NOVA 3s (Item No. 11067)
- 1 Operating instructions for replacement of interchangeable chuck

## 1.6 PACKAGING

The packaging has been designed to protect the device while in transit. The packaging materials used have been selected with due regard for environmental issues and can be recycled.

Please keep the packaging (box, plastic bag, PU foam parts) to use for returning the device in case of any maintenance work.

## 1.7 RECYCLING

Old equipment must be disposed of as electronic waste and should not be treated as domestic waste. Full dust bags can be disposed of with general rubbish. Please make sure you follow any local guidelines in this respect.



*Special country-specific requirements should also be taken into account.*

## 2. INTENDED USAGE

The PODOLOG NOVA 3s Footcare System activates rotating tools which can be used to remove hard skin, calluses or nails, for example. The device is intended for use in the following fields of activity:

Podiatry (medical footcare), cosmetic footcare, nail design, beauty, wellness and by doctors.

Use in any other field is at the user's own risk and may be dangerous. Improper usage of the device can lead to personal and material damage.

The manufacturer cannot be held responsible for any damage caused by improper or incorrect usage of the equipment.

All rights under the terms of the guarantee are rendered null and void by any improper usage or if the device is opened!



*No changes or modifications may be made to the device or its accessories. Should a repair be required, the necessary safety checks must be repeated.*



*Rotating tools without a CE label must not be used for podiatry/medical purposes in combination with this device.*

### **3. STAFF AND PATIENT SAFETY**

The likelihood of any person-related risk can be restricted to a very few points by the proper usage of the PODOLOG NOVA 3s.

#### **3.1 OPERATOR REQUIREMENTS**

The PODOLOG NOVA 3s Footcare System should only be used by podiatrists, pedicurists, cosmeticians, nail designers or doctors, who are aware of how the system operates and have received the necessary training.

#### **3.2 STAFF AND PATIENT SAFETY**

To protect users, patients and third parties, the following must be observed:

- Only high-quality rotary tools in accordance with DIN EN ISO 1797-1, which have a standardised shaft diameter of 2.35 mm, cylindrical, Type 2, may be used. For the rotary tools, the manufacturer's instructions relating to maximum speed and preparation (cleaning, disinfection and sterilisation) must be followed. You will find additional information in the current catalogue from HELLMUT RUCK GMBH, in the section "Rotary instruments".
- Operating staff must wear protective goggles and mouth and nose protection while using the equipment. Long hair must be tied back or protected by a hairnet.
- During the treatment, ensure that no objects that could become caught in the rotating parts can enter the treatment area.

### 3.3 POSSIBLE PATIENT RISKS

The extraction of potentially pathogenic dust significantly reduces the risks caused by transferable germs (micro-organisms).

Regular and careful anamnesis can help to identify potential risks of infection.

The risk to patients through inhalation is reduced to a minimum and the treatment of patients with low levels of immunity can be responsibly undertaken. Nevertheless, the practitioner should still always wear mouth and nose protectors as well as safety gloves while carrying out the treatment.



*If any germ-intensive work has been carried out, disinfected and steri-lised tools must be used during the next work process, to treat any unaffected areas of skin or nail.*

#### 3.3.1 HAZARDS CAUSED BY REMOVED MATERIAL

The hazard level caused by removed particles (nail splinters or parts of the coarse surface) is low because there is a sufficient distance from the treatment area.

The efficient suction technology of the PODOLOG NOVA 3s minimises the risk of inhaling dust which may potentially contain pathogens. The risk of infection can be further reduced by practising thorough antiseptic skin hygiene prior to the treatment.

#### 3.3.2 ALLERGY RISKS

Since the patient does not generally come into contact with the surfaces of the PODOLOG NOVA 3s, the only potential cause of an allergic reaction is parts of the rotary tools. However, due to the very short contact times (less than 30 minutes), this risk is minimal.

#### 3.3.3 HAZARDS CAUSED BY MOVING PARTS

High speeds and pressure may cause an undesired level of heat to develop in the treatment area. In the worst case scenario, the affected tissue may be damaged by the heat produced. Sudden movements by the patient or a lack of attention on the part of the user may result in unintentional penetration of the skin. However, if the equipment is used properly and the process is constantly visually monitored, this risk is low.



*Warning! Penetration of the skin must be avoided!*

### 3.4 POTENTIAL RISKS FOR THE USER

The extraction of potentially pathogenic dust significantly reduces the risks caused by transferable germs (micro-organisms).

Risks to the operator through inhalation are kept to a minimum.



*For reasons of hygiene we recommend wearing face/mouth protection.*

#### 3.4.1 HAZARDS CAUSED BY REMOVED MATERIAL

Removed particles (nail splinters, parts of the treated surface) and dusts pre-sent a hazard due to their proximity to the treatment area.

To minimise the risk the user must wear goggles and mouth and nose protection during the treatment.

#### 3.4.2 ALLERGY RISKS

It is possible, but extremely unlikely, that allergic reactions to the material of the handpiece may occur. For hygiene reasons we would also recommend that disposable gloves be worn.

#### 3.4.3 HAZARDS CAUSED BY MOVING PARTS

Hair, jewellery and clothing may get caught in rotating parts. To avoid injury, long hair should be tied back or protected by a hairnet. In the interests of hygiene, jewellery should not be worn. The user should wear clothes that cannot get caught in the tool.

## 4. SET-UP

### 4.1 TECHNICAL SAFETY

- Before using the device for the first time, you should ensure that mains power characteristics match the values quoted on the rating plate.
- Make sure the controller is located on a flat, stable surface.
- The ventilation slots in the device must be kept uncovered at all times.
- Avoid damaging the mains cable through squashing, bending or rubbing against sharp edges.
- Don't introduce any fluids into the unit.
- Protect the device from all types of moisture that could find its way inside the housing. There is a danger of electrical shock if there is dampness in the device!
- Switch the device off before maintenance and cleaning and unplug it from the mains power
- Never immerse the device in water or other fluids.
- You must remove the plug from the mains immediately, if the device or hose is damaged or if it starts to function incorrectly.
- Repairs should only be carried out by qualified repair technicians.
- If the device is opened, all rights under the terms of the guarantee are void!
- See Chapter 7.1 for tools which may be used.
- The PODOLOG NOVA 3s is a STAND-ALONE device. To avoid electro-magnetic interference, we do not envisage it being used in conjunction with other devices. Do not position the device directly next to or with other devices. Should this be necessary, please make sure that all intended functions of the device work properly in this position.



*The use of accessories or spare parts other than that prescribed may result in increased emissions or reduced immunity to interference.*



*Because of EN 60601-1-2 relating to the electromagnetic compatibility of electrical medical devices, we must draw your attention to the following:*

- *Medical electrical devices are subject to special measures in terms of electromagnetic compatibility and must be operated in accordance with the requirements laid out in these Operating instructions.*
- *Portable and mobile high-frequency communication devices (including accessories, such as antenna cable and external cables) can influence medical electrical equipment. Such equipment should be operated at a minimum distance of 30cm from the PODOLOG NOVA 3s and its parts.*

*Otherwise the possibility of device performance impairments cannot be excluded.*

*Please also refer to: 8.2 Specifications referring to electromagnetic compatibility in accordance with EN 60601-1-2*



*The compliance criteria relating to immunity to interference apply to all functional impairments.*



*Risk of strangulation from handpiece hose and power cable. Keep children away from the device.*



*Risk of swallowing in the case of required accessories (small parts), e.g. nail file drills. Keep children away from the device.*



*Use the supplied packaging to protect the device against mechanical damage and damp when transporting it between deployments.*



*Use of accessories, transducers and cables other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.*





*When using the device in domestic premises, there can be a risk resulting from power cables that have been damaged by animals, for example.*

*Please check the mains power connection regularly for signs of damage and if any are found, disconnect the device from the mains.*



*When using the device in domestic premises, there can be a risk that the device may be tampered with by children. Keep children away from the device.*



*Protect the device against pest infestation through regular checks and cleaning.*

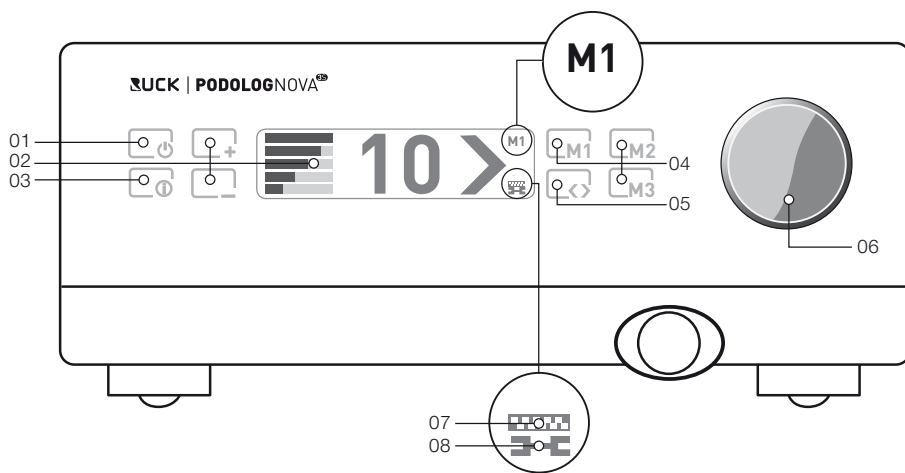


*The instructions regarding operation and transport of the device must be adhered to.*



*Please ensure that you have easy access to the mains plug at all times so that the device can be unplugged from the mains without difficulty. The mains plug represents the separator to the mains power supply.*

## 5. OPERATION



|    |                           |   |
|----|---------------------------|---|
| 01 | Standby button            | Press this button to activate/deactivate the standby mode   |
| 02 | Extraction power setting  | Increase [+] to decrease [-] the extraction power. The power level is shown in the display.   |
| 03 | Info menu                 | Through this menu, you can for example, activate the handpiece cleaning process or check when the next filter change or service is due. Press and hold the button for 5 seconds to change base settings, e.g. language. |
| 04 | Buttons for storing       | Three different combinations of rotational speed, rotation direction and extraction power can be stored. The memory is shown in the display (04.1). [M1] [M2] are needed for the filter change.                         |
| 05 | Righthand / lefthand      | Sets the rotational direction of the tool.  |
| 06 | Magnetic speed controller | This is used to set the rotational speed in steps of 1000 rpm. The current speed is shown in the display (07.1). If the speed controller is removed, all buttons are blocked.   |
| 07 | Filter bag change         | The icon appears as a reminder that a filter bag change is due.   |
| 08 | Service display           | The icon appears as a reminder that a service is due.   |

## 5.1 PREPARATIONS FOR OPERATION

- Before starting up, remove the handpiece attachment from the handpiece. The device must not be operated with the handpiece attachment. Keep the handpiece attachment for the handpiece cleaning.
- Open the dust filter bag drawer by pulling on the hose connector.
- Please check if the supplied filter bag has been inserted\*.
- Close the drawer by sliding it in.
- Switch to stand-by mode using the power switch located on the rear of the device . Wait around 3 seconds before pressing the stand-by button on the glass front panel.



= OFF (power switch off)



= ON (power switch on)



= Standby button on/off

\*If this is not the case, connect the filter bag to the sleeve. Please refer to page 32.



*Always work with a dust filter bag fitted.*



*The filter bag drawer must always be closed when the unit is in operation. The PODOLOG NOVA 3s switches off if the drawer is opened.*

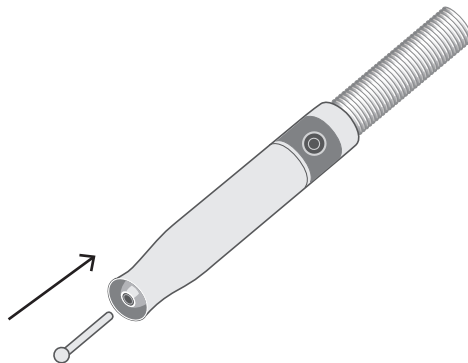


*Working with a full dust bag is not permitted. Note the dust filter change symbol on the display (see 5.5.2).*

### 5.1.1 INSERTING A ROTARY TOOL

Insert the rotary tool (grinder/nail file drill) that you need for your work in the opening of the handpiece

The tool only has  
to be inserted  
(quick-action chuck).



*The tool shaft must be fully inserted*



*The cutters used must not have any imbalance or other defects.  
Failure to observe this requirement may result in patient injury and damage to the handpiece bearing.*

### 5.1.2 SWITCHING ON THE PODOLOG NOVA 3s

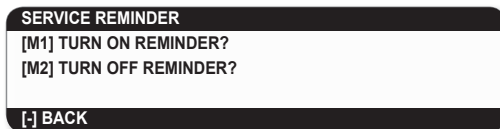
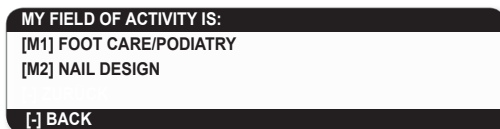
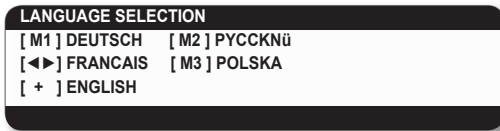
Press the standby button



The PODOLOG NOVA 3s is now switched on and ready to use.

The first time it is switched on, you must set the PODOLOG NOVA 3s to your language and your area of activity. Additionally, you can activate the service reminder function so that you are reminded in time when the next service is due. Please refer to MAINTENANCE AND CLEANING. You are guided through the Start menu, step-by-step. At the end, you confirm your inputs with the [M1] button.

Menu display the first time the PODOLOG NOVA 3s is used:

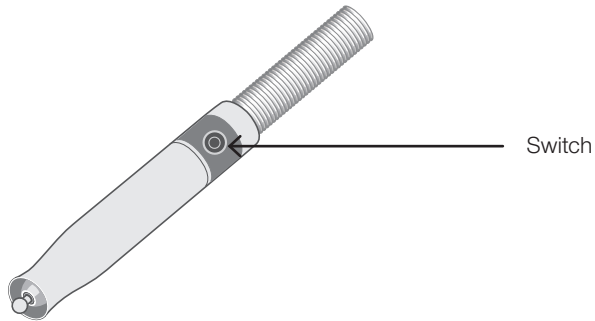


*If you want to modify any of the Start menu settings in the future, press and hold the [ i ] button for 5 seconds*



### 5.1.3 SWITCHING THE HANDPIECE ON

Set the required rotational speed using the speed control knob. The displayed number x 1000 indicates the rpm value. Take the handpiece in your hand and press lightly on the switch at the back end.



The motor runs at the set speed and you can start your work.



*The speed setting may not exceed the permitted maximum speed of your tool.*

### 5.1.4 SWITCHING THE HANDPIECE OFF


Press lightly on the switch at the back end while the motors are running.

The motor switches off and you can pause work and place the handpiece in the bracket provided.



### 5.1.5 SWITCHING OFF THE PODOLOG NOVA 3s

Press the standby button. The PODOLOG NOVA 3s is now switched off and goes into stand-by mode.

To turn the unit off completely, set the power switch to. 



*Please ensure that you have easy access to the mains plug at all times so that the device can be unplugged from the mains without difficulty. The power plug represents the separator to the mains power supply.*

If the PODOLOG NOVA 3s is not used for an hour, it automatically switches to ECO mode. It can be easily switched on again by pressing the standby button

## 5.2 SETTINGS

### 5.2.1 HANDPIECE MOTOR SPEED

The rotational speed that corresponds to the tool being used is set using the rotational speed knob.

|                            |                      |                           |
|----------------------------|----------------------|---------------------------|
| Clockwise rotation         | – Speed is increased | Max. speed:<br>40 000 rpm |
| Counter-clockwise rotation | – Speed is decreased | Min. speed:<br>5 000 rpm  |



*After switching on, the tool always starts up at the last speed setting.*

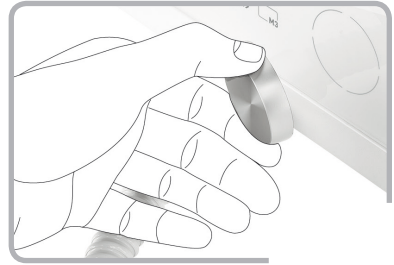
For large-surface cutters, the optimum rotation speed is in the range from 8000 – 12 000 rpm.



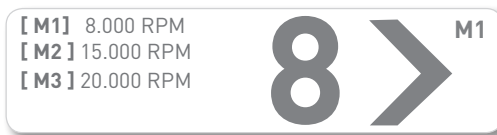
The speed setting may not exceed the permitted maximum speed of your tool.

## 5.2.2 REMOVING THE MAGNETIC SPEED CONTROL KNOB

The magnetic speed control knob can be removed to facilitate the cleaning of the front panel. The glass operating panel's buttons are now disabled.



*In order to be able to set the speed directly via the glass operating panel, without the speed control knob, press the [M1] buttons for 5 seconds. Now you can choose between speeds by pressing [i] + [<>]*



*You will find the maximum permitted rotational speeds for all nail file drills and grinders in the "Rotary Instruments" chapter of the HELLMUT RUCK GMBH Catalogue.*



## 5.2.3 RIGHTHAND / LEFTHAND DIRECTION OF ROTATION


You can set your tool to righthand or lefthand rotation depending on which tool you are using and on whether you are right-handed or left-handed.



The arrow shows the direction of rotation.

RIGHTHAND DIRECTION

-  Arrow to the right – Right-hand rotation
-  Arrow to the left – Left-hand rotation

5.2.4      MODIFYING THE ROTATION DIRECTION 

The rotation direction can be modified while the machine is running.

Press the arrow button. The set motor speed automatically returns to zero and the rotation direction is changed. The motor starts up again at the previous speed setting

5.2.5      5.2.5    SELECTING THE EXTRACTION LEVEL 

You can set the extraction power level to meet the current working requirements.

Repeated pressing of the [ - ] button decreases the extraction power level. Repeated pressing of the [ + ] button increases the extraction power level. Pressing and holding the corresponding button controls the extraction power level in the desired direction.

There are five extraction power levels.



## 5.2.6      STORING SETTINGS



To make your work easier, you can store up to three different settings for rotational speed, rotation direction and extraction power. Using the [M1], [M2] and [M3] buttons, you can store and call the required settings.

Set the required rotational speed with the speed control knob. Select righthand or lefthand rotation direction. Select the extraction power level. Press the corresponding [M1], [M2] or [M3] button for approximately 2 seconds.

“Setting stored” appears in the display.

With a short press on [M1], [M2] or [M3], the corresponding stored value is called.



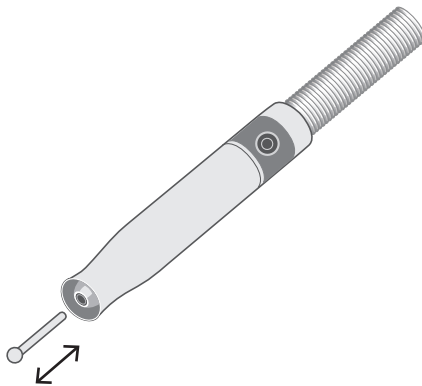
*You can change the settings at any time while the machine is in operation.*



*The speed setting may not exceed the permitted maximum speed of your tool.*

### 5.3 TOOL CHANGING

- Switch off the motor at the handpiece.
- Pull the tool out of the handpiece.
- Insert a different tool into the handpiece opening



Tools should only be changed when the handpiece motor has been switched off. The tool shaft must be fully inserted!

### 5.4 ERGONOMIC HANDPIECE GRIP

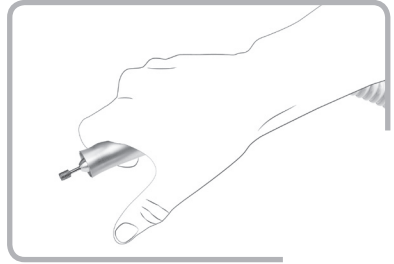
#### 5.4.1 FOUNTAIN PEN GRIP

Fine work can be done ergonomically and accurately using the fountain pen grip.



#### 5.4.2 OVERHAND GRIP

When carrying out surface work, gripping the handpiece from above and supporting it with the thumb makes for accurate and relaxed working.



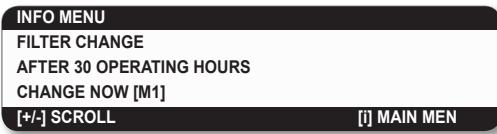
#### 5.5 INFO MENU



The Info menu offers you the option of calling up the following information and functions. Scroll through the individual menu items with the [ + ] and [ - ] buttons..

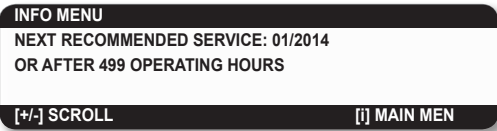
### 5.5.1 FILTER CHANGE

If you want to change the fine dust filter, you can do this using the Info menu and inform the device at the same time that a new filter has been inserted. You will find an extensive description under Point 5.6.1 CHANGING THE FILTER BAG.



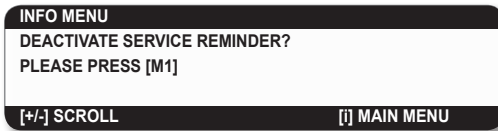
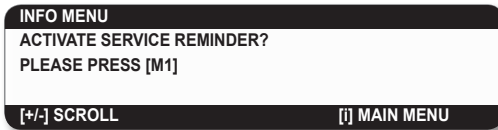
### 5.5.2 DISPLAY NEXT SERVICE DATE

This practical display lets you know when the next service is due for your PODOLOG NOVA 3s. This is either after 900 operating hours or at the latest, 24 months after you purchased the device.



**5.5.3      ACTIVATING THE SERVICE REMINDER**

If you activate the Service reminder function, your PODOLOG NOVA 3s will let you know when the next service is due. You can activate/deactivate this function through the INFO MENU. After 900 operating hours the maintenance symbol appears on the display.





## 5.6 FILTER CHANGE

A filter change needs to be carried out at the latest after operating the hand-piece for 30 hours. The device gives you a reminder through the filter change icon in the display, that the dust filter is due to be changed.

Select:



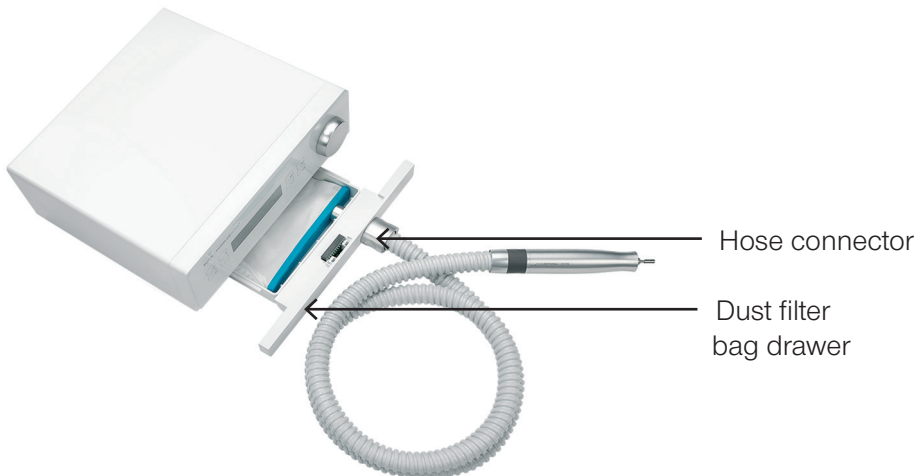
= NOW



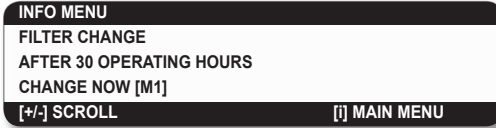
= LATER

If you select LATER, the device displays a reminder every 5 hours until the filter change has been carried out.

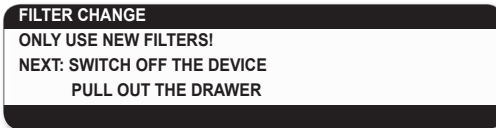
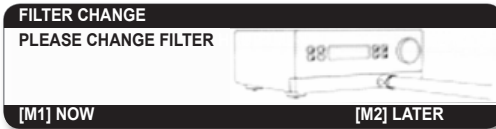
### 5.6.1 CHANGING THE DUST FILTER BAG



The device reminds you when the dust filter bag needs to be changed. Nevertheless, we recommend that you check how full the filter bag is once a week. To change the dust filter bag, press the [ i ] button to access the INFO MENU. There, you can scroll with the [ + ] or [ - ] buttons to the Filter change menu item:

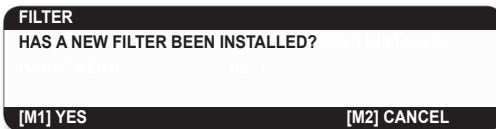


Start the change process with the [M1] button:



Switch the device off. Open the dust filter bag drawer by pulling on the hose connector. Hold the filter drawer in such a way that the hose connector still points upwards. Now remove the full bag from the hose sleeve. Close it using the plug supplied for this purpose.

Insert a new bag and locate the opening over the hose sleeve. Close the dust bag drawer. Now switch the device back on. The device asks whether the dust filter bag has been successfully inserted.



Confirm that the change has been made by pressing the [M1] button, which then returns you to the STANDARD MENU.



*The dust filter bag should not be emptied and reused.*



*Should you use the device for the treatment of artificial nails (nail design, nail prosthesis) please take into consideration that the time between filter changes shifts due to the high degree of erosion. A weekly check of the level is necessary to ensure smooth operation. When treating artificial nails please do not forget to protect your eyes, mouth and nose by using a face-mask and goggles!*



*Once a week, you should check that the dust filter bag drawer is correctly seated and at the same time, you should also check the filling level of the bag. The procedure that you need to follow is detailed above. If necessary, you should replace the dust filter bag.*

#### 5.6.2 WHERE CAN YOU GET REPLACEMENT DUST FILTER BAGS?

New dust filter bags can be ordered from HELLMUT RUCK GmbH under the item number 11001.



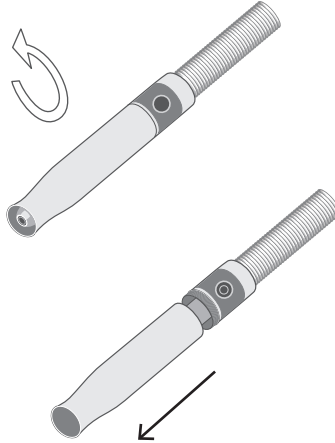
*Please ensure that you only use original dust filter bags from the manufacturer.*

## 5.7 CLEANING THE MOTOR UNIT

The handpiece sleeve is removed as follows:

### 5.7.1 LOOSENING THE SLEEVE

Unscrew the sleeve carefully in the direction shown by the arrow.



Carefully remove the sleeve by pressing against the metal cover of the chuck at the same time.



*The specifications and instructions from the manufacturer referring to cleaning and disinfectant materials and those referring to the corresponding devices must be followed..*

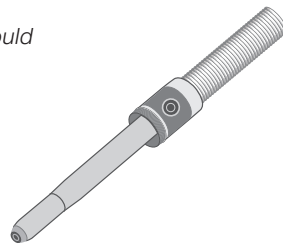
### 5.7.2 EASY CLEANING OF THE MOTOR UNIT



*Do not use disinfecting sprays. Dampness could penetrate and lead to bearing damage.*



*Use RUCK alcohol-free disinfectant cloths (item no 2942801) for gentle cleaning and disinfection.*



## 5.8 Exchange of alternate chuck

If the function of the alternate chuck is no longer satisfactory, simply exchange the chuck with the interchangeable chuck for PODOLOG NOVA 3s (art. No. 1 1067)



To prevent damage to the handpiece motor, follow the exchange procedure of the chuck of the enclosed instruction manual

## 6. MAINTENANCE, CLEANING AND DISINFECTION

### 6.1 MAINTENANCE BY RUCK SERVICE



*To ensure continued safe and correct operation of the medical product, the PODOLOG NOVA 3s must be maintained by RUCK SERVICE every 900 operating hours or after 24 months at the latest. During maintenance an electrical safety inspection is carried out in accordance with DIN EN 62353.*

*IF THIS REQUIREMENT IS NOT SATISFIED, THE GUARANTEE WILL LAPSE AND WE CANNOT ACCEPT LIABILITY!*

### 6.2 CLEANING AND DISINFECTION

*Risk of disease transmission. Insufficient disinfection can result in transmission of disease. Always comply with the requirements of the responsible national body for hygiene and disinfection. Use the RUCK® disinfection cloths – alcohol-free (art. no. 2942801) – do not use any spray disinfectants. It must be possible to effectively evaporate surface disinfectants before the next treatment; allow surface disinfectants to thoroughly dry as specified by the manufacturer, but do not wipe surfaces dry.*

**After every treatment** the outer surfaces of the handpiece and front panel of the controller are wiped with a suitable surface disinfectant.

**When work is completed** the handpiece sleeve is removed (5.7.1) and all accessible surfaces (inside of handpiece, inside and outside of sleeve) are cleaned and wiped with disinfectant. The suction hose is also wiped with disinfectant and visually inspected for cracks or damage. Also check the housing and in particular the glass front for damage.

To disinfect all parts of the controller and handpiece, use RUCK alcohol-free disinfection wipes (art. no. 2942801). These can be found in our main catalogue or at [www.hellmut-ruck.de](http://www.hellmut-ruck.de).



*Never immerse the device in water or other fluids as this creates a risk of an electric shock. Switch the device off before cleaning and unplug it from the mains power!*



*Do not use disinfecting sprays. Dampness could penetrate and lead to damage to the electronics.*

## **7. ACCESSORIES AND SPARE PARTS**



*Please note! The accessories listed below are only to be used with the PODOLOG NOVA 3s. Using them with other medical-electrical devices can lead to increased emissions or reduced immunity to interference for the device in question.*



*Warning: Use of accessories, transducers and cables other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.*

### **7.1 TOOLS**

You can use all rotary instruments (cutters, grinders, polishers) with a standardised shaft diameter of 2.35 mm, which have a CE label identifying them as a medical product. You will find a wide range in our catalogue or at: [www.hellmut-ruck.de](http://www.hellmut-ruck.de). More information can be found in the standard DIN EN ISO 1797-1.

### **7.2 DUST FILTER BAGS**

You should only use original dust filter bags from the manufacturer (Item no.: 1100103).

**Item no.:**1100103

**Replacement filter for Podolog Nova**



**Item no.:** 48237

**Freestanding handpiece holder**



**Item no.:** 4823401

**Handpiece holder for PODOLOG CLASSIC furniture**



**Item no.:** 4823801

**Handpiece holder for wall or cabinet**



**Item no.:** 11067

**Interchangeable chuck for PODOLOG NOVA 3s**



## 8. TECHNICAL DATA (INCL. EMC TEST RESULTS)

|  |   |
|--|---|
| Operating mode                         | Suitable for continuous operation.<br>The device is not suitable for use in the presence of flammable air mixtures. |
| Controller dimensions<br>(W/D/H) in mm | 251/228/105   |
| Weight in g                            | approx. 2700  |
| Handpiece dimensions                   |   |
| Length in mm                           | 127   |
| Ø min. / Ø max.                        | 24.5 / 18.5   |
| Weight in g                            | approx. 120   |
| Controller voltage                     | 115 - 240 V, 50 - 60 Hz,<br>1.5 – 0.8 A alternating current   |
| Power consumption                      | max. 175 VA   |
| Micromotor voltage                     | 40 V  |
| Constant load                          | 80 W  |
| Idling speed (rpm)                     | 40 000  |
| Maximum airflow at<br>full performance | approx. 280 l / min (- 10 %)  |
| Length of power cable in cm            | 170   |
| Length of hose in cm                   | 130   |

We are not aware of any electromagnetic interactions between the PODOLOG NOVA 3s and any other equipment.



8.1 ENVIRONMENTAL CONDITIONS

| Ambient temperature and humidity (non-condensing) |  |
|---|--|
| in operation                                      | +5°C to +40°C and 30% to 75% humidity (non-condensing))  |
| in transit and storage                            | -25 °C (without monitoring of relative air humidity) up to 70 °C (at relative air humidity from 15 % up to 93 %, non-condensing) |
| Air pressure                                      | 700 hPa (≈ 3000 metres above sea level)<br>- 1060 hPa  |

8.2 INFORMATION REGARDING ELECTROMAGNETIC COMPATIBILITY

| Guidelines and manufacturer's declaration – electromagnetic interference  |             |  |
|---|-------------|--|
| The PODOLOG NOVA 3s is designed for use in electromagnetic environments as specified below. The customer or client using PODOLOG NOVA 3s should ensure that the device is used in the prescribed environment. |             |  |
| Emission measurements   | Conformance | Guidelines for the electro-magnetic environment  |
| HF-emissions according to CISPR 11  | Group 1     | The PODOLOG NOVA 3s uses HF solely for internal functions. Its HF emissions are very low and it is unlikely that any interference will be caused to nearby electronic devices. |
| HF emissions according to CISPR 11  | Class B     | The PODOLOG NOVA 3s is suitable for usage on all premises, which are directly connected to the public power supply.  |
| Harmonic components according to IEC 61000-3-2  | Class A     |  |
| Voltage fluctuations / flicker according to IEC 61000-3-3   | Fulfilled   |  |



Use of this equipment adjacent to or stacked with other equipment should be avoided because it could result in improper operation. If such use is necessary, this equipment and the other equipment should be observed to verify that they are operating normally."



Use of accessories, transducers and cables other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.

Guidelines and manufacturer's declaration – electromagnetic interference immunity

The PODOLOG NOVA 3s is designed for use in electromagnetic environments as specified below. The customer or user of the PODOLOG NOVA 3s should ensure that the device is used in the prescribed environment.

| Interference immunity test   | IEC 60601 test level   | Conformance level  | Electromagnetic environment guidelines   |
|--|--|--|--|
| Discharging of static electricity (ESD) according to IEC 61000-4-2 | Contact discharge<br>± 8 kV<br>Air discharge<br>±2kV, ±4kV, ±8 kV,<br>±15 kV | Contact discharge<br>± 8 kV<br>Air discharge<br>±2kV, ±4kV, ±8 kV,<br>±15 kV | Floors should be made of either wood, concrete or with a ceramic tile covering. If the floor is covered with a synthetic material, relative air humidity must be at least 30%. |

|  |   |   |  |
|--|---|---|--|
| <p>Proximity fields from RF wireless communications equipment (IEC 61000-4-3)</p>            | <p>385 MHz; Pulse Modulation: 18 Hz; 27 V/m<br/>                     450 MHz, Pulse Modulation: 18 Hz; 28 V/m<br/>                     710, 745, 780 MHz; Pulse Modulation: 217 Hz; 9 V/m<br/>                     810, 870, 930 MHz; Pulse Modulation: 18 Hz; 28 V/m<br/>                     1720, 1845, 1970 MHz; Pulse Modulation: 217 Hz; 28 V/m<br/>                     2450 MHz; Pulse Modulation: 217 Hz; 28 V/m;<br/>                     5240, 5500, 5785 MHz; Pulse Modulation: 217 Hz; 9 V/m</p> | <p>385 MHz; Pulse Modulation: 18 Hz; 27 V/m<br/>                     450 MHz, Pulse Modulation: 18 Hz; 28 V/m<br/>                     710, 745, 780 MHz; Pulse Modulation: 217 Hz; 9 V/m<br/>                     810, 870, 930 MHz; Pulse Modulation: 18 Hz; 28 V/m<br/>                     1720, 1845, 1970 MHz; Pulse Modulation: 217 Hz; 28 V/m<br/>                     2450 MHz; Pulse Modulation: 217 Hz; 28 V/m;<br/>                     5240, 5500, 5785 MHz; Pulse Modulation: 217 Hz; 9 V/m</p> |  |
| <p>Radiated RF EM field (IEC 61000-4-3)</p>  | <p>80-2700 MHz; 1kHz AM 80 %; 10 V/m</p>  | <p>80-2700 MHz; 1kHz AM 80 %; 10 V/m</p>  |  |
| <p>Rapid transient electrical interference variables / Bursts according to IEC 61000-4-4</p> | <p>+ 2 kV for power cables<br/>                     + 1 kV for input and output lines</p>   | <p>+ 2 kV for power cables<br/>                     + 1 kV for input and output lines</p>   | <p>The quality of the supply current shall correspond to typical commercial or hospital environment standards.</p> |
| <p>Surge voltages according to IEC 61000-4-5</p>   | <p>L-PE and N-PE: 2kV<br/>                     L-N: 1kV</p>   |   | <p>The quality of the supply current shall correspond to typical commercial or hospital environment standards.</p> |


|  |                                |                                |  |
|--|--------------------------------|--------------------------------|--|
| <p>Rated power frequency magnetic fields (IEC 61000-4-8)</p> | <p>30 A/m, 50 Hz and 60 Hz</p> | <p>30 A/m, 50 Hz and 60 Hz</p> | <p>Power frequency magnetic fields should be at level characteristics of a typical location in a typical commercial or hospital environment.</p> |
|--|--------------------------------|--------------------------------|--|

| <p>Guidelines and manufacturer's declaration – electromagnetic interference immunity</p>                               |   |   |   |
|--|---|---|---|
| <p>Voltage dips, short-break power supply and fluctuations in the power supply voltage according to IEC 61000-4-11</p> | <p>0 % UT for 0.5 cycle at 8 phase angles<br/>0 % UT for 1 cycle at 0°<br/>70 % UT for 25/30 cycles at 0°<br/>0 % UT for 250/300 cycles at 0°</p> | <p>0 % UT for 0.5 cycle at 8 phase angles<br/>0 % UT for 1 cycle at 0°<br/>70 % UT for 25/30 cycles at 0°<br/>0 % UT for 250/300 cycles at 0°</p> | <p>The quality of the supply current shall correspond to typical commercial or hospital environment standards.</p> <p>Should the user of PODOLOG NOVA 3s require continued functionality following a power outage, we recommend supplying the PODOLOG NOVA 3s with current from an uninterruptible power system or via battery.</p> |
| <p>NOTE: UT is the supply voltage before implementation of the test level</p>  |   |   |   |

Guidelines and manufacturer's declaration – electromagnetic interference immunity

The PODOLOG NOVA 3s is designed for use in electromagnetic environments as specified below. The customer or user of the PODOLOG NOVA 3s should ensure that the device is used in the prescribed environment.

| Interference immunity tests   | IEC 60601-Test level   | Compliance level   | Guidelines for the electro-magnetic environment  |
|---|--|--|--|
| <p>Conducted HF in-terference variables according to IEC 61000-4-6</p> <p>Beamed HF interference variables according to IEC 61000-4-3</p> | <p>3 Veff<br/>150 kHz to 80 MHz</p> <p>3 V/m<br/>80 MHz to 2.5 GHz</p> | <p>3 Veff<br/>150 kHz to 80 MHz</p> <p>3 V/m<br/>80 MHz to 2.5 GHz</p> | <p>Portable and mobile radio devices shall not be used within a closer proximity to the PODOLOG NOVA 3s Footcare System, including the cables, than the recommended safety distance, calculated using the equation applicable for the transmission frequency.</p> <p>Recommended safety distance:<br/> <math>d=(3.5/V1)\sqrt{P}</math><br/> <math>d=(3.5/E1)\sqrt{P}</math><br/> <math>d=(7/V1)\sqrt{P}</math><br/>                     80 MHz to 800 MHz<br/>                     800 MHz to 2.5 GHz</p> <p>With P as the nominal power of the transmitter in watt according to the information given by the transmitter manufacturer, and with d as the recommended safety distance in meters (m).</p> |

|   |  |  |   |
|---|--|--|---|
|   |  |  | <p>The local<sup>a</sup> field intensity of station-ary radio transmitters, according to a test, should be lower than the accordance level<sup>b</sup> at all frequen-cies.</p> <p>Disturbances are possible around devices which are labelled with the following icon.</p>  |
| <p>NOTE 1: With 80 MHz and 800 MHz, the higher frequency range applies.</p> <p>NOTE 2: These guidelines are not applicable in all cases. The propagation of electro-magnetic dis-turbances is influenced by the absorption and reflection of buildings, other devices and human beings.</p>   |  |  |   |
| <p>a The magnetic field strength of stationary transmitters such as base stations for radio telephones and mobile terrestrial radio equipment, amateur radio stations, AM and FM radio and television stations cannot in theory be as-sessed in ad-vance. A study of the location should be taken into account in order to ascertain the electromagnetic environment with respect to the sta-tionary transmitters. If the magnetic field strength measured at the location where the equipment shall be used exceeds the above specified conform-ance level, we recommend close observation of the equipment in order to prove functioning for the intended purpose. Should unusual performance features become apparent, additional mea-sures may become necessary e.g. a shift or a complete change of position of the equipment.</p> <p>b Above a frequency range of 150 kHz to 80 MHz the magnetic field strength should be less than 3V/m.</p> |  |  |   |

Recommended safety distances between portable and mobile equipment HF telecommunication equipment and the PODOLOG NOVA 3s.

The PODOLOG NOVA 3s is designed for use in electromagnetic environments as specified below. The customer or user of the PODOLOG NOVA 3 can contribute to avoiding electromagnetic interference by maintaining the minimum clearance range between portable and mobile HF telecommunication equipment (transmitters) and the PODOLOG NOVA 3s, depending on the output line of the communications appliance as specified below.

| Nominal power of the transmitter in watts (W) | Safety clearance range depending on the transmitting frequency expressed in metres (m) |                    |                    |
|---|--|--------------------|--------------------|
|   | 150 kHz to 80 MHz  | 80 MHz to 800 MHz  | 800 MHz to 2.5 GHz |
| 0.01  | 150 kHz to 80 MHz  | 80 MHz to 800 MHz  | 800 MHz to 2.5 GHz |
| 0.1   | 80 MHz   | 800 MHz            | $d = 2.33\sqrt{P}$ |
| 1   | $d = 1.20\sqrt{P}$   | $d = 1.20\sqrt{P}$ |                    |
| 10  | 0.12   | 0.12               | 0.23               |
| 100   | 0.38   | 0.38               | 0.73               |
|   | 1.20   | 1.20               | 2.30               |
|   | 3.80   | 3.80               | 7.30               |
|   | 12.00  | 12.00              | 23.00              |

In the case of transmitters whose nominal power is not included in the above table the clearance distance can be ascertained by using the equation from the appropriate column where P represents the nominal power of the transmitters expressed in watts (W) in accordance with the transmitter manufacturer's specifications.

NOTE 1: With 80 MHz and 800 MHz, the higher frequency range applies.

NOTE 2: These guidelines are not applicable in all cases. The propagation of electromagnetic disturbances is influenced by the absorption and reflection of buildings, other devices and human beings.



## 9. WARRANTY

The product comes with a 2-year guarantee. Normal wear of surfaces, bearings, plug connectors, suction hose, clamping fixture etc. and other moving parts is excluded from the warranty.

The guarantee runs from the date of purchase when the product was first bought. The date of purchase has to be confirmed by the sales receipt. Within the scope of the warranty, HELLMUT RUCK GmbH will, at no charge, either repair or replace the defective products – at RUCK's discretion. The prerequisite is carriage-paid shipment of the defective product together with the purchase receipt. The local agent is responsible for claims made outside of Germany. In case of doubt, please check with RUCK before returning the device.

The warranty becomes null and void if we find that the problem was caused by improper or incorrect installation or usage, by non-observance of the operating instructions, by external intervention or as a result of a non-authorised repair or modification.

The warranty is limited to repair or replacement of the product. Further liability (particularly loss of revenue or earnings) is excluded. However, if it transpires that it is a problem that is not covered by the terms of the warranty or that the period of the guarantee has elapsed, any costs for inspection and repair must be borne by the customer.

We reserve the right to make changes to and deviations from the technical design.

## 10. DISPOSAL

ENVIRONMENTAL HAZARD!



Incorrect disposal endangers our environment. .

>>> Please use available return and collection systems for disposing of the PODOLOG NOVA 3s at the end of its life-cycle!

## **11. FAQs**

### **11.1 I CAN'T SWITCH THE DEVICE ON**

After switching on using the power switch on the rear of the device, please wait at least 4 seconds before switching the device on using the standby button on the front panel. Press and hold the standby button for at least 2 seconds. If the device still does not switch on, please repeat the process described again

1. Switch the power switch on the rear of the device off and on again
2. Wait 4 seconds
3. Press and hold the standby button for 2 seconds

### **11.2 THE DEVICE IS NOT RESPONDING**

The speed controller has been fitted but the device has suddenly stopped responding to commands, e.g. the glass operating panel is not reacting or the display remains dark when the standby switch is switched on. Please switch the device off at the power switch on the back. Wait for 30 seconds, then switch it on again. Press the standby button. It will then be possible to operate the device as normal again.

### **11.3 RESETTING LANGUAGE AND AREA OF ACTIVITY**

Press and hold the Info button for 5 seconds. The start screen will appear. You can now reset your language and area of activity. Additionally, you can activate the service reminder function so that you are reminded in time when the next service is due. The operating hours counter / the time remaining until the next service as shown in the Info menu are not changed during the reset.

## 12. POTENTIAL ERROR MESSAGES ON THE DISPLAY

| ERROR CLASS | MESSAGE  |
|-------------|--|
| WARNING     | HANDPIECE: MOTOR FAULT!  |
| WARNING     | PUMP MOTOR FAULT!  |
| WARNING     | DEVICE IS TOO HOT!   |
| WARNING     | LIMIT TEMPERATURE, REDUCE LOAD!                                    |
| INFO        | AFTER-COOLING ACTIVE!  |
| INFO        | OVERHEATING, AFTER-COOLING ACTIVE!                                 |
| INFO        | OVERHEATING, SWITCHING OFF   |
| INFO        | CAUTION OVERHEATING, CHANGE FILTER BAG!                            |
| INFO        | CAUTION OVERHEATING, CHANGE FILTER BAG! COOLING-DOWN PHASE 15 MIN! |

## PRODUCT-TIPP FOR YOUR PODOLOG NOVA 3s

### Cutter forceps, chrome-plated

Have you experienced this? It's very hard to remove the fine fissure cutter from the hand-piece. Help is at hand: These cutter forceps ensures that you have a good grip on all rotary instruments.



### Videotip

In an application video, we show you how the cutter forceps work. You will find the video on our online shop with the product.



## NOTES

You will find the safety, operating and hygiene recommendations from Busch on our website at:  
[www.hellmut-ruck.de/downloadbereich/SuH\\_D.pdf](http://www.hellmut-ruck.de/downloadbereich/SuH_D.pdf)

Or simply scan the QR code:









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